

# Bored

---

**Level:** Beginner      **Count:** 32      **Wall:** 4

**Choreographer:** Ria Vos (NL) (Dec 2016)

**Music:** Bored To Death by Eric Hutchinson

**Style:** Smooth (WCS)

**BPM:** 112

**Counts:** 16 counts

---

## **Sec 1      Rock Fwd, & Rock Fwd, Shuffle Back, Rock Back**

1-2      Rock Fwd on R, Recover on L  
&3-4      Step R Next to L, Rock Fwd on L, Recover on R  
5&6      Shuffle Back Stepping L-R-L  
7-8      Rock Back on R, Recover on L

## **Sec 2      Step ¼ L, Touch, Side, Kick-Ball-Cross, Side, Behind-Side-Cross**

1-2      Step Fwd on R, ¼ Turn L Tap L Toe to R Diagonal (weight on R)  
3      Step L to L Side  
4&5      Kick R to R Diagonal, Step R Next to L, Cross L Over R  
6      Step R to R Side  
7&8      Step L Behind R, Step R to R Side, Cross L Over R

## **Sec 3      Side Rock, Crossing Shuffle, ¼ R, Side, Crossing Shuffle**

1-2      Rock R to R Side, Recover on L  
3&4      Cross R Over L, Step L to L Side, Cross R Over L  
5-6      ¼ Turn R Step Back on L, Step R to R Side  
7&8      Cross L Over R, Step R to R Side, Cross L Over R

## **Sec 4      Side Rock, & Side Rock, Sailor ¼ Turn L, Walk, Walk**

1-2      Rock R to R Side, Recover on L  
&3-4      Step R Next to L, Rock L to L Side, Recover on R  
5&6      Step L Behind R Turning ¼ Turn L, Step R Next to L, Step Fwd on L  
7-8      Walk Fwd R-L