

# Lay Low

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**Level:** Improver    **Count:** 32    **Wall:** 4  
**Choreographer:** Darren Bailey (WAL) (Aug 2015)  
**Music:** Lay Low by Josh Turner  
**BPM:** 109  
**Style:** Smooth (WCS)  
**Intro:** 32 counts

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**Sec. 1      Side Rock R, Cross Shuffle, 1/4 R x2, Cross Shuffle.**

1-2      Rock Rf to R side, Recover onto Lf  
3&4      Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf  
5-6      Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side  
7&8      Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

**Sec. 2      Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross.**

1-2      Step Rf to R side, Touch Lf next o Rf  
3&4      Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf  
5-6      Rock Lf to L side, Recover onto Rf  
7&8      Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf over Rf

**(Restart here on wall 4)**

**Sec. 3      Step R, Lock L, Chase 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R.**

1-2      Step Rf to R side, Lock Lf behind Rf (popping R knee forward)  
3&4      Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF  
5-6      Step forward on Lf, Make a 1/2 pivot turn R  
7&8      Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back on Lf

**Sec. 4      Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissor step L**

1-2      Step back on Rf poppoing L knee forward, Step back on Lf poppoing R knee forward  
3&4      Step back on Rf, close Lf next to Rf, Step forward on Rf  
5-6      Cross Rock Lf over Rf, Recover onto Rf  
7&8      Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

**Tag      Before starting wall 10.**

1-4      Click fingers on R hand x4 slowly bringing R hand down to the side.