

# Rose From The Sea (Rosa Del Mar)

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**Level:** Improver      **Count:** 32      **Wall:** 4

**Choreographer:** Rep Ghazali-Meaney (Sco) (Oct 2016)

**Music:** Rosa Del Mar by Gabe Garcia

**Style:** Smooth (Rhumba)

**BPM:** 105

**Intro:** 16

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## **Sec 1      R HEEL-TOE, R SHUFFLE FWD, L ROCK FWD, L ½ TURN SHUFFLE**

1-2      touch Right heel forward, touch Right toe back  
3&4      step forward Right, step Left together, step forward Right  
5-6      rock forward Left, recover Right  
7&8      ½ turn Left by stepping forward Left, step Right together, step forward Left (6)

## **Sec 2      R ½ TURN SHUFFLE, L ROCK BACK, SKATE L-SKATE R, L SHUFFLE FWD**

1&2      ½ turn Left by stepping back Right, step Left together, step Right together  
3-4      rock back Left, recover on Right  
5-6      skate forward Left, skate forward Right  
7&8      step forward Left, step Right together, step forward Left (12)

## **Sec 3      R FWD-¼ PIVOT R CROSS SHUFFLE, ¼ TURN R-½ TURN R, L FORWARD ROCK-RECOVER**

1-2      step forward Right, ¼ pivot turn Left (9)  
3&4      cross Right over Left, step Left to Left side, cross Right over Left  
5-6      ¼ turn Right by stepping back Left, ½ turn Right by stepping forward Right (6)  
7-8      rock forward Left, recover on Right (6)

## **Sec 4      L ¼ SIDE ROCK-RECOVER, L SAILOR ¼ TURN, R CROSS-L ¼ TURN HITCH, L SHUFFLE FWD**

1-2      make ¼ turn Left by rocking Left to Left side, recover on Right (3)  
3&4      make ¼ turn Left by sweeping and stepping Left behind Right, step Right to Right side,  
step Left to Left side (12)  
5-6      cross Right over Left, ¼ turn Right by hitching up on Left (3)  
7&8      step forward Left, step Right together, step forward Left (3)

**Ending:**      Wall 11 - will be facing 6 o'clock, dance up to count 24 (will be facing 12 o'clock wall) then add : rock back Left, recover on Right, step forward Left..hold and pose.. taraaaaa !