

Once Bitten Twice Shy

Level: Improver **Count:** 32 **Wall:** 4
Choreographer: Lorna Cairns (Sco) (Nov 2016)
Music: Gone Gone Gone by Robert Mizzell
Style: Smooth (WCS)
BPM: 97
Intro: Start On Lyric

Sec 1 POINT OUT, IN, OUT, BEHIND, SIDE, CROSS, POINT OUT, IN, HEEL, HOOK, STEP, LOCK STEP

1&2 Point right toe to right side, touch right toe beside left foot, point right toe to right side
3&4 Step right foot behind left foot, step left foot left side, cross right foot over left
5&6& Point left toe to left side, touch left beside right, touch left heel forward, hook left foot over right shin
7&8 Step forward on left, lock right behind left, step forward on left
***RESTART HERE DURING WALL 3 ***

Sec 2 STEP PIVOT ½ LEFT, STEP, SIDE ROCK, REC, CROSS, ROCK FORWARD, ROCK SIDE, BEHIND, SIDE, STOMP

1&2 Step forward on right, pivot ½ turn left, step forward on right
3&4 Rock left foot to left side, recover on to right foot, cross left foot over right
5&6& Rock forward on right, recover on to left, rock right foot to right side, recover on to left foot
7&8 Step right foot behind left foot, step left foot to left side, cross right foot over left with a stomp

Sec 3 DIAGONAL LEFT TOE STRUT, CROSS TOE STRUT, STEP PIVOT ¼ RIGHT, STEP, HEEL DIGS, STEP, LOCK STEP

1&2& Step left toe forward, drop left heel to the floor, cross right toe over left, drop right heel to the floor
3&4 Step forward on left, pivot ¼ turn right, step forwarding left
5&6& Touch right heel forward, step right foot beside left foot, touch left heel forward step left foot beside right foot
7&8 Step forward on right, lock left foot behind right, step forward on right

Sec 4 STEP, LOCK STEP, FORWARD ROCK, REC, STEP BACK, BACK CLAP, BACK CLAP, COASTER STEP

1&2 Step forward on left, lock right foot behind left, step forward on left
3&4 Rock forward on right, recover on to left, step back on to right
5&6& Step back on left, clap, step back on right, clap
7&8 Step left back, step right beside left, step left forward

***RESTART DURING WALL 3 AFTER THE FIRST 8 COUNTS ***