

Love Me Hate Me

Level: Improver **Count:** 48 **Wall:** 4

Choreographer: Neville Fitzgerald & Julie Harris (UK) (April 2015)

Music: Better At My Worst by The McClymonts

Style: Smooth (WCS)

BPM: 100

Intro: 8 Counts vocals

Sequence... 48, 48, 48, 40, 32, 32, 40, 40 to finish.

S1: Side Together Forward, Side Together Back, Back, Back, Coaster Step.

1&2 Step Left to Left side, step Right next to Left, step forward on Left.
3&4 Step Right to Right side, step Left next to Right, step back on Right.
5-6 Step back on Left as you sweep Right out, step back on Right as you sweep Left out.
7&8 Step back on Left, step Right next to Left, step forward on Left.

S2: Out In Out, Behind & Cross, Out in Out, Behind 1/4 Side.

1&2 Touch Right toe to Right side, touch Right toe next to Left, touch Right toe to Right side.
3&4 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
5&6 Touch Left toe to Left side, touch Left toe next to Right, touch Left toe to Left side.
7&8 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side. (3.00)

S3: Cross Rock Side Rock Cross Rock Side, Cross Rock Side Rock Cross Rock Side.

1&2& Cross rock Right over Left, recover on Left, rock Right to Right side, recover on Left.
3&4 Cross rock Right over Left, recover on Left, step Right to Right side.
5&6& Cross rock Left over Right, recover on Right, rock Left to Left side, recover on Right.
7&8 Cross rock Left over Right, recover on Right, step Left to Left side.

S4: Back Rock Side, Behind 1/4 Step, Mambo Step, Back Touch Step.

1&2 Cross rock Right behind Left, recover on Right, step Right to Right side.
3&4 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step forward on Left.
5&6 Rock forward on Right, recover on Left, step back on Right.
7&8 Step back on Left, touch Right toe in front of Left, step forward on Right. **R** (6.00)

S5: Toe Heel Stomp, Toe Heel Stomp, 3/4 Walk Around .

1&2 Touch Left toe slightly in front of Right, touch Left heel slightly in front of Right, stomp forward on Left.
3&4 Touch Right toe slightly in front of Left, touch Right heel slightly in front of Left, stomp forward on Right
5-8 Make 3/4 Circle to Left walking L-R-L-R . *R* (9.00)

S6: Toe Heel Stomp, Toe Heel Stomp, Mambo Step, Coaster Cross.

1&2 Touch Left toe slightly in front of Right, touch Left heel slightly in front of Right, stomp forward on Left
3&4 Touch Right toe slightly in front of Left, touch Right heel slightly in front of Left, stomp forward on Right
5&6 Rock forward on Left, recover on Right, step back on Left.
7&8 Step back on Right, step Left next to Right, cross step Right over Left. (9.00)

Restarts:

Walls 4&7 Dance up to and including count 40 section 5. Then restart from beginning.

Walls 5&6 Dance up to and including count 32 section 4. Then restart from beginning.

On the Last wall 8 you will finish with the 3/4 walk around extend the walk to walk back around to the front of the hall.