

# Forever For Evigt

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**Level:** Phrased Easy Intermediate **Count:** 56 **Wall:** 2

**Choreographer:** Annette Dida Nielsen - DK (July 2016)

**Music:** For Evigt by Vollbeat, Johan Olsen

**Style:** Smooth (WCS)

**BPM:** 147

**Intro:** 80

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## Part A: 32 COUNTS

### A Section 1 **Vine ¼ R, Hold, Step ¼ R, Cross, Hold**

- |     |  |
|-----|--|
| 1-2 | Step R to R side, cross L behind R,                    |
| 3-4 | Turn ¼ R stepping fwd on R, Hold                       |
| 5-6 | Step L fwd, make ¼ R                                   |
| 7-8 | Cross L over R, Hold<br><b>(Restart wall 6 and 12)</b> |

### A Section 2 **Rocking Chair R, Step 1/2 L, Step fwd R L**

- |     |   |
|-----|---|
| 1-2 | Rock fwd R, recover L                         |
| 3-4 | Rock back R, recover L                        |
| 5-6 | Step fwd R, turn ½ L                          |
| 7-8 | Step fwd R L<br><b>(Restart wall 3 and 9)</b> |

### A Section 3 **Back R, Cross L, Back R, Back L, Cross R, Back L, ½ turn R, Step fwd L**

- |     |                             |
|-----|-----------------------------|
| 1-2 | Step R back, Cross L over R |
| 3-4 | Step R back, Step L back    |
| 5-6 | Cross R over L, Step L back |
| 7-8 | Make ½ R, Step L fwd        |

### A Section 4 **Kick R, Twist heels R, Kick L, Twist heels L**

- |     |  |
|-----|--|
| 1-2 | Kick R, Step R next to L                 |
| 3-4 | Twist both heels to R, Recover to center |
| 5-6 | Kick L, Step L next to R                 |
| 7-8 | Twist both heels to L, Recover to center |

## Part B: 24 COUNTS

### B Section 1 **Rock fwd R, Back point R, ½ turn R, Rock fwd L, Back point L, ½ turn L**

- |     |   |
|-----|---|
| 1-2 | Rock R fwd, Recover on L                      |
| 3-4 | Point R toe back, make ½ turn R (weight on R) |
| 5-6 | Rock L fwd, Recover on R                      |
| 7-8 | Point L toe back, make ½ turn L (weight on L) |

### B Section 2 **Sweep R, Step side L, Behind side cross, Sweep L, Step side R, Behind side cross**

- |     |  |
|-----|--|
| 1-2 | Sweep R over L, Step L to L side                   |
| 3&4 | Cross R behind L, Step L to L side, Cross R over L |
| 5-6 | Sweep L over R, Step R to R side                   |
| 7&8 | Cross L behind R, Step R to R side, Cross L over R |

**B Section 3 Step ½ turn L, Shuffle fwd R, Step ½ turn R, Shuffle fwd L**

- |     |   |
|-----|---|
| 1-2 | Step fwd R, turn ½ L                                    |
| 3&4 | Step forward on R, Close L next to R, Step forward on R |
| 5-6 | Step fwd L, turn ½ R                                    |
| 7&8 | Step forward on L, Close R next to L, Step forward on L |

**Restarts:**      **Part A:**

Wall 3	<b>Restart after 16 counts (12:00)</b>
Wall 6	<b>Restart after 8 counts (06:00)</b>
Wall 9	<b>Restart after 16 counts (06:00)</b>
Wall 12	<b>Restart after 8 counts (12:00)</b>

**Tag:**      **Part B:****After wall 2      Rocking chair R and Hold for 4 counts (3 without music)****Ending:**      **Wall 20 – First 25 counts then point back R, ½ turn R****Sequence:**

- A - A - A with restart after 16 counts  
A - A - A with restart after 8 counts  
A - A - A with restart after 16 counts  
A - A - A with restart after 8 counts  
B - B - Tag 4 counts + 4 “counts” without music  
A - A - A - A - A with ending