456 WALTZ

Level: Beginner waltz Count: 24 Wall: 4 Choreographer: Pip Hodge Music: Captured (By Love's Melody) by Rick Tippe Style: Rise & Fall BPM: 99 Intro: 18

<mark>Sec. 1</mark>	FORWARD & REVERSE BALANCE (BASIC)
1-2-3	Step left forward, step right beside left, step left in place
4-5-6	Step right back, step left besides right, step right in place
Sec. 2 1-2-3	LEFT & RIGHT TWINKLES Cross left over right, step right to right side, step left beside right
4-5-6	Cross right over left, step left to left side, step right beside left LEFT & RIGHT POINTS
1-2-3	Step forward on left, point right to right side and hold for one count
4-5-6	Step back on right, point left to left side and hold for one count
<mark>Sec. 4</mark>	LEFT FORWARD ¼ TURN, RIGHT REVERSE BALANCE
1-2-3	Step left forward making ¼ turn left, step right beside left, step left in place
4-5-6	Step back on right, step left besides right, step right in place

REPEAT